

JULY 2024

HELMETTA HAPPENINGS

Official Newsletter of the Borough of Helmetta

Tell Me Something Good!

BY MAYOR CHRISTOPHER SLAVICEK

In this edition, we focus on the power of positivity for ourselves and the GOOD of our community. In my role, I often can participate in those FEEL-GOOD moments that inspire and promote togetherness. Please allow me to highlight a few recent opportunities that allow me to support and interact with incredible members of our greater community.

- Joined the Schoenly School community Blow Bubbles for Autism event, creating awareness and acceptance.
- Presentation of a Proclamation to Kearny Bank in Spotwood recognizing 145 years of commitment to banking in our local community
- Partook in Community clean-up and Earth Day pledge, declaring the importance and benefits of a clean community
- Batters up! with my sponsorship for the Spotswood Youth Little League Team Slavicek Sluggers
- Participation in the annual Spotswood PTA Founder's Day Dinner and committee member for the 2024 Lifetime Membership Awards
- Presentation of the Mayor Chris Slavicek Scholarship Award to SHS Class of 2024 Senior, Gavin Cahill, with the distinct focus on the delivery of community service
- Supported the Helmetta Volunteer Fire Department Pasta Dinner
- Contributed and attended The Community Team NJ, Live to Give Tricky Tray, benefiting local families in need
- Represented Helmetta at the Spotswood High School Class of 2024 Graduation- Congratulations to all Helmetta graduates!
- Guest reader for Story & Snack segment at Hop To It preschool
- Recognized Educators, Nurses, Public Works, Police, Fire, & EMS in honor of National recognition weeks

(Continued on Page 02).



This issue:

Tell Me Something Good!

PAGES 01-02

Community Calendar

PAGE 03

Department of Public Works

PAGE 04

Jamesburg Police Department

PAGE 05

Clerk's Corner

PAGE 06

Helmetta Fire Department

PAGE 07

Community Outreach

PAGE 08

Happenings in Helmetta

PAGES 09-10

Tell Me Something Good!

BY MAYOR CHRISTOPHER SLAVICEK

In addition to these FEEL-GOOD moments, our Administration remains focused on improvements that continue to enhance services and keep Helmetta a beautiful and safe place to call home. We are hyper-focused on innovation and have a plethora of projects at the forefront. Through our robust Helmetta Happening recreational events and activities, it is our goal to bring you and your neighbors together as a Helmetta family. Please save the date for our annual Helmetta Day celebration- Saturday, September 21, 2024 @ 4 p.m.

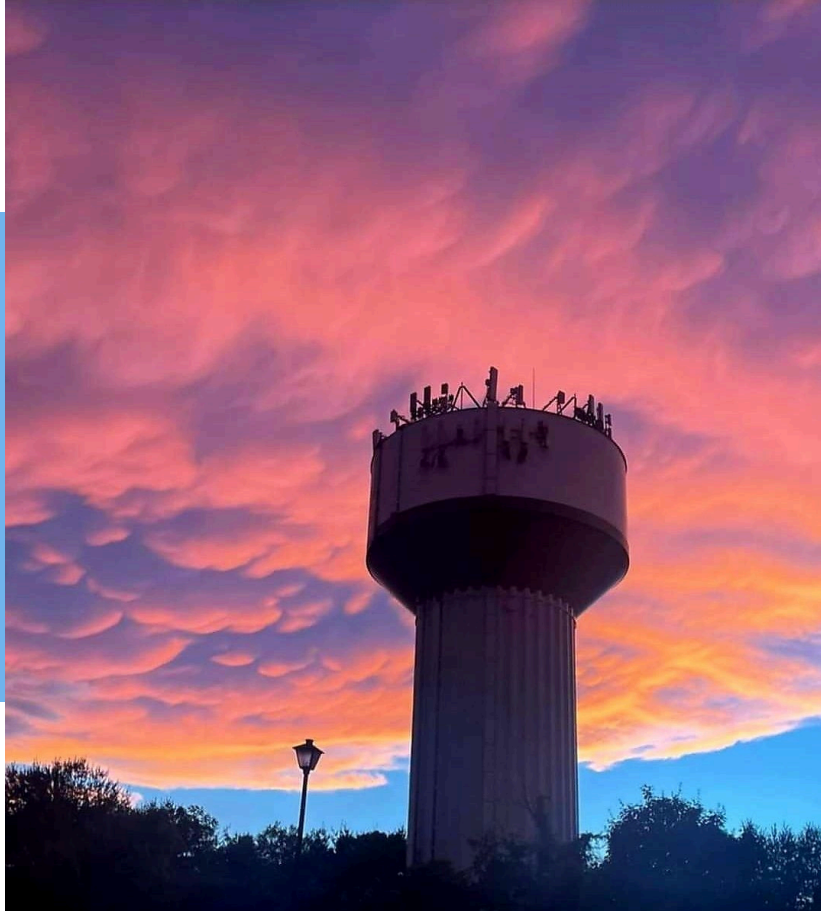
What's GOOD on the home front? Well, my niece Hayley turns four (4) and nephew, Gavin, two (2) this summer. Ahoy, Mates & Maids! as we will be celebrating with a pirate and mermaid party. Personally, I plan to soak up some sun at the Jersey Shore throughout the remainder of the summer while enjoying good eats and cheer amongst the company of GREAT family and friends.

One of the best feelings of being Mayor in Helmetta is that I can always TELL YOU SOMETHING GOOD about the dedication and value of our team members, first responders, volunteers, supporters, and YOU, our residents. It is ever so often that I find myself engrossed in conversations throughout the Borough chatting about all the GOOD that's going on with families, friends, and neighbors.

Remember- "Be GOOD to people for no reason." Now, let's go from GOOD to GREAT in Helmetta!

Always available,

Mayor Chris Slavicek
mayor@helmettaboro.com



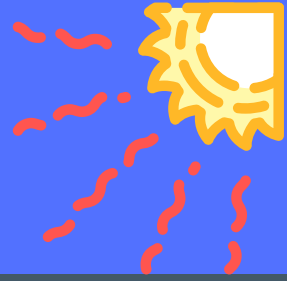


Community Calendar

July 4th	Borough Hall Closed	Independence Day
July 5th	Spark in the Park	Spotswood 5:00pm
July 24th	Council Meeting	Borough Hall 7:00pm
August 6	National Night Out	Jamesburg 6:00pm
August 21st	Council Meeting	Borough Hall 7:00pm
September 2nd	Borough Hall Closed	Labor Day
September 18th	Council Meeting	Borough Hall 7:00pm
September 21st	Helmetta Day	Pavilion 4:00pm
September 22nd	Helmetta Day - Rain Date	Pavilion 4:00pm

"Community is much more than belonging to something, it's about doing something good together that makes belonging matter."

Department of Public Works



BY PAUL REED, CPWM

****Garbage pick-up is moved from Friday, July 5th to Monday, July 8th****

Beat the heat with some tips to stay cool:

- Limit sun exposure and find shade
- Pace yourself and your outdoor tasks
- Have smaller portioned meals
- Drink adequate amounts of water while ensuring electrolytes are also consumed
- Avoid caffeine and alcohol as they can dehydrate you
- Run cold water or use chilled rags on your wrists and around your neck

Don't forget your dogs. Make sure they have ample water and a cool place to chill.

Make sure to clean out and sanitize your garbage and recycling cans as the weather ramps up. Kitchen scraps will break down at a much faster rate allowing for bugs and various scents to grow rapidly.

Look for any standing water and try to remedy the situation to avoid mosquito breeding grounds. [Mosquito Extermination Commission | Middlesex County NJ](#).

Disposal questions – If you should have any questions regarding how to dispose of something please contact Paul Reed at 732-521-4946 Ext 110 and we will come up with a solution.

The 2024 Water Quality Report is now available on the Borough of Helmetta website: www.helmettaboro.com or by clicking the link: <https://www.helmettaboro.com/FCpdf/Helmetta2024CCR.pdf>

Let's all be proactive in helping one another. A smile, a wave, or a helping hand will go a long way and benefit both parties. The power of NOW and why there is 'No Other Way' is the act of being present. In practicing living in the moment, we tend to make worthwhile decisions. That person who cuts you off may have had a traumatic experience that you aren't aware of, remain calm and go about your day. That litter that you walk by can be picked up for a healthier environment, it is not always deliberately thrown on the ground. That wave or a smile to the person you don't know may change the trajectory of their entire day, it doesn't cost you anything.

The ability to look at a situation from a bird's eye view not only avoids a knee jerk reaction, but it gives you a better perspective of what may be going on and how to respond accordingly. Everyone has something going on in their life and that extra time we allow ourselves helps us to better approach the situation and see the good in it.

Our Public Works Department prides ourselves in all the above. We view ourselves as part of Helmetta's customer service department. We are here to help and to understand the needs of our residents. We look forward to talking with each of you and making our town the best it can be. With your help we can continue to focus on the NOW and strive for excellence.

Jamesburg Police Department



BY CHIEF JAMES CRAPAROTTA

The Jamesburg Police Department would like to share the following valuable tips to help residents recognize and avoid scams. By staying informed and cautious, residents can reduce their risk of falling victim to scams and protect their personal and financial information.

1. ****Be Skeptical of Unsolicited Contacts****: Be cautious of unexpected emails, phone calls, or messages requesting personal information, money, or urgent action. Scammers often use pressure tactics to create a sense of urgency.
2. ****Verify Caller Identity****: If you receive a phone call claiming to be from a legitimate organization (like a bank, government agency, or police department), hang up and independently verify the caller's identity. Use official contact information from the organization's website or official correspondence.
3. ****Do Not Share Personal Information****: Avoid giving out personal information such as your Social Security number, bank account details, or passwords over the phone, via email, or through unfamiliar websites. Legitimate organizations typically do not ask for sensitive information in this manner.
4. ****Research Before Responding****: Before responding to any offers or requests for donations, research the organization or cause to ensure it is legitimate. Scammers often create fake charities or impersonate well-known organizations during emergencies.
5. ****Protect Your Financial Information****: Regularly monitor your bank accounts, credit card statements, and credit reports for unauthorized transactions. Report any suspicious activity to your financial institution immediately.
6. ****Be Cautious of Online Transactions****: Use secure websites for online purchases and transactions. Look for URLs that start with "https://" and check for a padlock icon in the browser's address bar, indicating a secure connection.
7. ****Educate Yourself and Others****: Stay informed about common scams and share information with family, friends, and colleagues. Awareness is key to preventing scams from spreading.
8. ****Report Suspected Scams****: If you believe you have been targeted by a scam or have encountered suspicious activity, report it to the Jamesburg Police Department immediately. Reporting helps us to investigate the matter and prevent future scams.



Clerk's Corner

BY MELISSA HALLERMAN, RMC, CMR



The Municipal Clerks' Association of New Jersey recently held their annual conference in Atlantic City and it was a wonderful opportunity to network, learn, and collaborate with other Clerks across the state while representing our beautiful little town of Helmetta! Some of the workshops and educational seminars focused on the intricacies of New Jersey Municipal Land Use Law, new legislative for affordable housing bills, cybersecurity tactics and prevention, and understanding the latest bills from the state and federal government that are being considered and have been passed that impact the office of the Municipal Clerk.

Although it was exciting to learn so many new things, the highlight of the conference for me was receiving my official pin and induction into the Municipal Clerks' Association of New Jersey. Mayor Chris Slavicek and Councilwoman and former Municipal Clerk Sandra Bohinski attended the event, and I couldn't have been happier to receive my RMC pin from Sandy. Throughout my journey to attain the Registered Municipal Clerk and Certified Municipal Registrar's certifications I could always count on Mayor Chris and Sandy to support, encourage, and inspire me. Hearing my name called, followed by their loud cheers and claps, is a moment I will never forget!

Throughout the conference I was able to network with Clerks, professional partners, and government officials from across our great state of New Jersey. I'm excited to bring all my newfound knowledge, skills, and ideas back to our little town with the biggest heart!





HEAT EXHAUSTION

Faint or dizzy

Excessive sweating

Cool, pale, clammy skin

Nausea or vomiting

Rapid, weak pulse

Muscle cramps

Throbbing headache

No sweating

Body temperature above 103°
Red, hot, dry skin

Nausea or vomiting

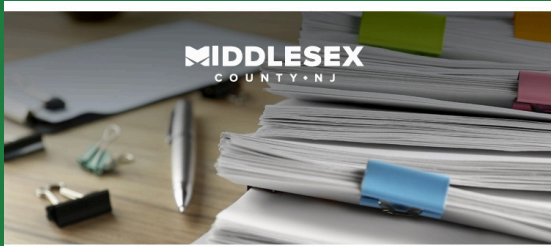
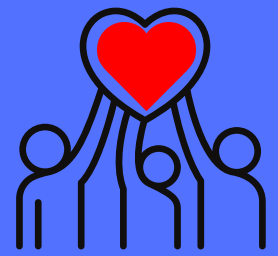
Rapid, strong pulse

May lose consciousness

CALL 9-1-1

- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

- Take immediate action to cool the person until help arrives



MIDDLESEX
COUNTY • NJ

Help with managing bills is here.
Seniors, disabled adults, and caregivers are all eligible for this program.

Middlesex County Office of Aging & Disabled Services now offers a free comprehensive financial management service through our partner SilverBills. Service is available to all eligible County residents.

SilverBills provides you with your own dedicated account manager who will work with you over the phone to help you organize your bills and make sure they are paid correctly so you won't need to worry about missed payments, late fees, or paper piling up. They work with clients via computer, mail, email, text, and fax. SilverBills uses secured technology and account managers are background checked. SilverBills is bonded and insured.

GET MORE INFORMATION: 732-745-3295
Middlesexcountynj.gov/aginganddisabled

In Partnership with
**Silver
Bills**



**FOREVER
FITNESS**

WITH TRACY SALVESEN

Please join us for a low-impact and high-positivity

Fitness Class for

ACTIVE ADULTS!

Helmetta Community Center

1 Brookside Place, Helmetta

11:00am - 12:00pm

Every Thursday Starting July 11th - August 29th

Pre-registration is required:

Please call Melissa Hallerman, Borough Clerk 732-521-4946, X:100
or email: M.Hallerman@HelmettaBoro.com

Chairs and water will be provided.

Please wear sneakers and get ready to have some fun!



**2024
Helmetta
Day**

**Saturday
September 21st**

RAIN DATE: SUNDAY, SEPTEMBER 22ND

**MAPLE STREET PAVILION
4:00PM**

**MUSIC, FOOD, RAFFLES
FIREWORKS**



SAVE THE DATE
SPARK in the PARK
THURSDAY, JULY 3, 2025

**Maple Street Pavilion
Helmetta**

**MUSIC, FOOD TRUCKS,
CHILDREN'S ENTERTAINMENT,
FIREWORKS AT DUSK**

HOPE YOU CAN JOIN US!



Happenings in Helmetta



Touch A Truck



Easter Bunny Hop



Earth Day



Slavicek Sluggers



Memorial Day Services

Happenings in Helmetta



Annual Fishing Derby



Autism Awareness at Schoenly



**Ice Cream, You Scream
School's Out for Summer!**

